

Day 4

Name _____ Date _____ Period _____

Verbal and Nonverbal Communication Categorization

Nonverbal communication is the exchange of information that occurs without words. It involves visual signs related to gestures, facial expressions, and body posture. It is important to be aware of what messages people are sending and receiving through nonverbal communication. Do the words match the body language? Are the nonverbal messages positive or negative? Do the nonverbal signs indicate agreement, confusion, interest, or boredom?

Complete the diagram below by categorizing each of the following examples as verbal communication, positive nonverbal communication, or negative nonverbal communication. Use each example one time.

Communication Examples

- | | | | | |
|-----------------|------------------------|---------------------------|--------------|-----------|
| answering | discussing | keeping arms relaxed | nodding | speaking |
| clenching fists | facing the speaker | looking away from speaker | questioning | slouching |
| describing | fidgeting/multitasking | making eye contact | rolling eyes | smiling |

