Mrs. Brown's Business Classes

"PRODUCT ME" INTERESTS, VALUES, AND CAREERS

PROJECT OBJECTIVES

This project will help you evaluate the strengths of you as a product, or "Product Me." Who are you? What do you like to do? What are you good at? Do you like to work with lots of people or just a few? What is important to you? Where do you want to be in 10 years? What can you offer a potential employer? These are big questions. In this project you will:

- Assess your personal and academic interests
- · Identify which values shape your behaviors, actions, and goals
- · Determine whether interests are features or benefits of "Product Me"

This project will help you assess yourself so you can choose a job that's good for you and good for an employer.

GETTING STARTED

Read through the Project Process below. Use a pen or pencil to fill in each form.

PROJECT PROCESS

Part 1 Complete the Personal Interests worksheet. In the "What Are My Interests?" column, list school and personal activities you enjoy. In the second column, rate how important this interest is to you, which will help you better understand what you value so you can set priorities and spend your time and energy appropriately.

Part 2 Complete the Personal Values worksheet and the Personal Qualities worksheet. In the "Values" column, list your values. In the second column, rate how important this value is to you.

Part 3 Complete the Basic Skills worksheet and the Workplace Preferences worksheet.

PROJECT WRAP-UP

Consider what you learned about yourself from this project. Were you surprised by anything you discovered? Do you now feel more inclined toward a certain career or work environment? Write a short essay about your personality and priorities.

Personal Interests Worksheet



Directions: List school and personal activities you enjoy. Then rate how important each interest is to you on a scale of 1 to 10, with 10 being most important.

What are my interests?		Importance (1 to 10)
	p. s. o.	
	x /	
,		
	v	