

#### **Day Four:**

**K, 1, 2** - Talk about different feelings and emotions with your child. Practice what these emotions look like by making facial expressions and have your child draw on a piece of paper what different emotion looks like.

**3, 4, 5** – Talk about different feelings and emotions with your child. Have your child draw on a piece of paper what different emotions look like and have them list things that make them feel that way. Discuss with your child different ways we can make ourselves feel better we are upset, sad, disappointed, etc.

#### **Day Five:**

**K, 1, 2** – Ask your child to sequence (put in order) different events. You can do this by drawing simple pictures for them to put in order, have them draw pictures in order, or just have them tell you. Have them tell you the order/directions to these questions – How do you get a glass of water?, How do you make a bowl of ice cream?, How do you make a phone call?, How do you do laundry?, and How do you make cookies?.

**3, 4, 5** – Ask your child to sequence (put in order) different events. You can do this by drawing simple pictures for them to put in order, have them draw pictures in order, or just have them tell you. They can practice this skill by having them follow a recipe and help you cook/bake something in the kitchen such as cookies or a cake. When you are done, have them draw or tell you the order in how you did things. Also, have them read a book and then after the book have them tell you and/or draw you the storyline and in what order different events happened.